



## **Terms & Conditions/Health Pledge**

### **1. General conditions**

- a) Turn'd Up Fitness On Demand materials you receive are confidential and proprietary, and can not be used, shared or duplicated except within your own Turn'd Up classes. These materials are unpublished works protected by copyright laws and no unauthorised copying, adaptation, distribution storage or display is permitted.
- b) Videos of routines taken by you must not last longer than 20 seconds and your class members must not film routines.
- c) Upon signing up to Turn'd Up On Demand, members are agreeing to these Terms & Conditions.
- d) Members must not copy, share or allow access to the website and videos.
- e) Membership does not include a licence to teach Turn'd Up Fitness classes, these are for learning purposes only.

### **2. Data**

How personal data will be retained by Turn'd Up Fitness Ltd:

- Turn'd Up Fitness On Demand Members data will be held whilst they are a Turn'd Up Fitness On Demand Member and their subscription to Turn'd Up Fitness are still live.
- Where a person has subscribed to our newsletter and other marketing resources to be marketed.
- Upon unsubscribing, their data will be deleted.

### **3. Payment**

Payment is taken via Direct Debit monthly using Stripe. After the first initial payment of £9.99, this will then be taken on a monthly basis.

### **4. Health Pledge**

- a) Please speak with a doctor if you have current medical conditions/pregnant that may result in injury during practice.
- b) By signing up to Turn'd Up On Demand, members are stating that they are responsible for their health and safety. Please be mindful and take care with surroundings. Ensure there is a big enough space for the movements.
- c) If you are currently on medication, please ensure that this will not impair your practice.
- d) Should you require any information or have queries in regards to taking part, please email [info@turndupfitness.com](mailto:info@turndupfitness.com) - all videos are tried and tested, and are suitable for all levels of fitness.

**Turn'd Up Fitness Ltd 2019.**